



Ēāñīfē Iāā

Ēāñīfē Iāā ēiāāò ī-āíú īðēyōíúē āðīiāò. Íāēāāāāò āúñīēēē īēòāòāēúíúē ē ēā-āáíúē ēā-āñòāāē, áìòēāēòāðēāēúíúē, īðīòēāíāí āēēāðāē-āñēíā òāðāēòāðā. Í-āēú āúðāāāòúāāpò āāí ēç íāēòāðā ēāñíúò āāðāāúāā, ēóñòāðíēēíā ē òðāā (ēēíðāē, áíyðūðíēē, ð

Ēóāíāíē Iāā

Øēðíēí ēñīēüçòāòñý īðē ēā-āíēē çāíēāāāíēē āúòāòāēúíúò īóòāē, íāðāíē ñēñòāíú, ñāðāòā ē īēuāāāðēòāēúíē ñēñòāíú. Ðāēíā Āēóñ ē āðīiāò íāííēíāpò áíāāòúē áóēāò òāāòóúēò íā ēóāāò ā ēpēā ēóāíāúò òāāòíā.

Ēēāāāðíúē Iāā

Īēāçāí īðē īðīñòóāā. Áēāāíāāðý ñīāāðæāíēp áóāēēúíúò āāúāñòā āāí òāēæā ðāēííāíāópò īðēíāíyòú īðē áíñīāēāíēyð ñēēçēñòúò òííēēí āðīiāòíí ē íāæíúí āēóñíí.

Ìāēēíāíúē Iāā

Ìāēēíāíúē Iāā ð-ðāçāú-āéíí Īēāçāí īðē īðīñòóāíúò çāíēāāāíēyð, Īēāçāí ēāē īðīòēēāēòē-āñēíā ñðāāñòāí īðīòēā āðēííçííē ēíóāēò āāēúē òāāò ē ī-āíú īðēyōíúē āēóñ.

Ìāñòāðíāēíāúē Iāā

Ēāē īðāāēēí ēñīēüçòāòñý īðē ēā-āíēē çāíēāāāíēē æāēóāí-íí-ēēøá-ííāí òðāēòā, yçāāò, āāñòðēòāð. Ñíāēðāāòñý ñ òāāòēíā āē

Iāā ā ñíòāò

Iāā ā ñíòāò íāííāí Īēāçíāā īòēā-āííāí, Īñēíēúēó íāòóðāēúíúē āíñē, ēç ēíòíðíāí ñíñòíyò ñíòú, ñāí Īí ñāāā íāēāāāāò ēā-āáíúē ñāí ēóñí-ēāíē, āíēāí ē òúāòāēúíí íāðāæāāúāāy ñíòú (ēāē æāāāòāēúíóð ðāççéíéó).

Iāā - ēēāēēíā ēāēāðñòāí

Ī-āēú Īāāðēēē ēpāyí āúā íāēí Īēāçíúē īðīāóēò - Ī-āēēíúē ēēāē, ēēē īðīíēēñ. Ýòí óíēēāēúíā āāúāñòāí. Íííāēā áóíāpò, ð-òí īðīíēē íēēāēíā āðóāíā íāñāēííā çā Īñēāāíēā 50 íēí ēāò íā ñíóāēí Īāòíðēòú ðāò óíēēāēúíúò īðíòāñíā, ð-òí īðíēñòíāyò çā òííēēíē ñòāíēā íāííēüøñí ēíēē-āñòāā, ē, òāí íā íāíāā, ēpāē ēñīēüçòpò ēò ð-āñòí.

Ā īðíòēíí īðīíēēñ īðēíāíyēñý ā íāðíāííē Iāāēòēíā, Īñíāāíí īðē ēçāíòíāēāíēē īēāñòúðāē äēy çæēāēāíēy ðāí, òāē ēāē íí āāēñòāóāð ñāíēñòāí, øēðíēí ēñīēüçòāííā ā íāāēòēíā. Īðīíēēñ ñīñíāāí Īíāāāēyòú āēòēāííñòú ē óíē-òíæāòú øēðíēēē ñīāēòð íēēðííðāāíēçííā, āēðòñú āðēíā ē āāíāòēòā. Īðē-āí īðīíēēñ óíē-òíæāāò ē āúāíāēò ð-æāðíāíúā ēēāòēē, ā ðíāíóð íēēðíòēíðó īðāāíēçíā-òíçyēíā ñí

Āúíāēòā Ī-āēēíāí yāó

Ī-āēēíúē yā (āíēòíēñēí) - īðíāóēò ñāēðāòíðííē āāyòāēúííñòē ñíāòēāēúíúò æāēāç ā òāēā ðāāí-āē íāāíñííē Ī-āēú. Ñāíēñòāí Ī-āē ēçāííyòú ēò, ð-òíāú ñíððāíēòú ð-ēñòíòó.

Ñāāæēē Ī-āēēíúē yā - īðíçðā-íāy, ñēāāēā æāēòíāāòāy āóñòāy æēāēíñòú ñ Īñòðúí, āíðúēēí āēóñíí ē ñēēúíúí ðāççēí çāíāòíí, íāíí ēā-āáííē òāēüþ íā íāó-ííē Īñíāā ā āēāā óæāēāíēē áúēē āðā-ē Óðāíòēē, Āāñòðēē, Ðíññēē, Āíāðēēē. Íāēāíēāā øēðíēíā īðēíāíāí íāāðāēēē, íāāðēòíā), ēā-āíēē òðíòē-āñēēò yçā ē āyēíāðāíóēēðóþūēò ðāí, āðííòēāēúííē āñòíú, āēíāðòííēē, Īíāāííēē, òðííāíòēāā

Ñāāíāíy Ī-āēēíúē yā ēñīēüçòpò ēāē ā ð-ēñòíí āēāā, òāē ē ā ēñíēāēñā ñ íāēíòíðúíē íāāēòēíñēēíē īðāíāðāòāíē. Íí ēíāāò īðāēíòúāñ

Āāā "Í" ā íāāðóçēó

Íāðāā - ýòí çāēíñāðāēðíāāíāy íāāíāí-òāðíāíòíúí ñíñòāāíí Ī-āēēíāy íāííæēā, ñēíæāíāy ē óòðāíāíāāíāy Ī-āēāíē ā ñíòú, īðíðāāøāy āēíēíāē-āñēíē òāíííñòüþ. Āā īēòāòāēúíāy òāíííñòú ā òðē ðāçā áúøā íúēüòú ē ā āāāyòú ðāç áúøā ēpāíāí āðóāíāí çāíāíēòāēy íúē

Ī-āēēíāy íúēüòā īðāāñòāāēyāò ñíāíē ñēíæíúē ēííóāíòðāò Īíāēò òāííúò ā īēuāāíí òííðāíēē ē āēíēíāē-āñēē āēòēāíúò āāúāñòā. Íí āēíēíāē-āñēē āāæíúē āāúāñòāíē. Āāēíē íúēüòú Īí ñāíāē āēíēíāē-āñēíē òāíííñòē (ñíāāðæāíēp íāçāíāíēíúò àíēííēēñēíò) īðāāíñò

08-08-2011

Men's Life

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